



## Cavendish Farms® STEAK CUT

56210 34013

### Cooking Instructions

#### Fryer

Temp : 180°C /350°F  
Cook Time : 3 1/2 min

#### Convection Oven

Temp : 213°C /415°F  
Cook Time : 10 - 12 min

#### Traditional Oven

Temp : 232°C /450°F  
Cook Time : 22 -25 min

### Product Specifications

Product Name	Steak Cut
GTIN - 14	100 56210 34013 6
GTIN - 12	0 56210 34013 9
Cut Size	7/16" x 7/8"
Grade	Long Fcy
Coated	No
Shelf Life	24
Kosher	Yes
Halal	Yes
Pack Size	6 x 5 LB
Net Weight (LB)	30
Gross Weight (LB)	31.75
Pallet Pattern (ti x hi)	10 x 7
Case Cube (ft3)	0.95
Case Dimensions (in)	16" x 12" x 8.625"
Packaging Type (Case)	Oyster
Packaging Type (Bag)	Clear Poly

### Nutrition Facts

about 27 servings per container\*

**Serving Size 3 oz (85 g/ 10 pieces)**

#### Amount per serving

		<b>110</b>
		<b>% Daily Value*</b>
<b>Calories</b>		<b>110</b>
<b>Total Fat</b>	2.5 g	<b>3%</b>
Saturated Fat	0 g	<b>0%</b>
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	<b>0%</b>
<b>Sodium</b>	35 mg	<b>2%</b>
<b>Total Carbohydrate</b>	19 g	<b>7%</b>
Dietary Fibre	2 g	<b>7%</b>
Total Sugars	0 g	
Includes 0 g Added Sugars		<b>0%</b>
<b>Protein</b>	2 g	
Vitamin D	0 mcg	0%
Calcium	9 mg	0.6%
Iron	0.6 mg	4%
Potassium	306 mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.

2,000 calories a day is used for general nutrition advice.



Ingredients : Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean Oil, Canola Oil), Disodium Dihydrogen Pyrophosphate to Promote Color Retention, and Dextrose.