



**Cavendish Farms®**

**GOLDEN NUGGETS OVENABLE**

56210 04101

**Cooking Instructions**

**Fryer**

Temp : 180°C /350°F  
Cook Time : 3 min

**Convection Oven**

Temp : 230°C /450°F  
Cook Time : 8 – 12 min

**Traditional Oven**

Temp : 230°C /450°F  
Cook Time : 12 – 20 min

**Product Specifications**

Product Name	Golden Nuggets Ovenable
GTIN - 14	100 56210 04101 9
GTIN - 12	0 56210 04101 2
Grade	Grade A
Coated	No
Shelf Life	24
Kosher	Yes
Halal	Yes
Pack Size	6 x 5 LB
Net Weight (LB)	30
Gross Weight (LB)	31.75
Pallet Pattern (ti x hi)	9 x 7
Case Cube (ft3)	1.31
Case Dimensions (in)	15.875" x 12.125" x 11.75"
Packaging Type (Case)	Kraft
Packaging Type (Bag)	Clear Poly

Nutrition Facts		
about 27 servings per container*		
Serving Size 3 oz (85 g/ 9 pieces)		
Amount per serving		
Calories		150
		% Daily Value*
<b>Total Fat</b>	8 g	10%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	300 mg	13%
<b>Total Carbohydrate</b>	20 g	7%
Dietary Fibre	2 g	7%
Total Sugars	0 g	
Includes 0 g Added Sugars		0%
<b>Protein</b>	2 g	
Vitamin D	0 mcg	0%
Calcium	6 mg	0.4%
Iron	0.4 mg	2%
Potassium	257 mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Ingredients : Potatoes, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil), Salt, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).