Cavendish Farms®

# GOLDEN NUGGETS OVENABLE

56210 04101

## Cooking Instructions

**Fryer**
Temp : 180°C /350°F
Cook Time : 3 min

**Convection Oven**
Temp : 230°C /450°F
Cook Time : 8 – 12 min

**Traditional Oven**
Temp : 230°C /450°F
Cook Time : 12 – 20 min

## Product Specifications

| | |
|---|---|
| Product Name | Golden Nuggets Ovenable |
| GTIN - 14 | 100 56210 04101 9 |
| GTIN - 12 | 0 56210 04101 2 |
| Grade | Grade A |
| Coated | No |
| Shelf Life | 24 |
| Kosher | Yes |
| Halal | Yes |
| Pack Size | 6 x 5 LB |
| Net Weight (LB) | 30 |
| Gross Weight (LB) | 31.75 |
| Pallet Pattern (ti x hi) | 10 x 7 |
| Case Cube (ft3) | 1.31 |
| Case Dimensions (in) | 15.875" x 12.125" x 11.75" |
| Packaging Type (Case) | Kraft |
| Packaging Type (Bag) | Clear Poly |

## Nutrition Facts

about 27 servings per container*

**Serving Size 3 oz (85 g/ 9 pieces)**

**Amount per serving**

| | | |
|---|---|---|
| **Calories** | | **150** |
| | | **% Daily Value*** |
| **Total Fat** | 8 g | **10%** |
| Saturated Fat | 0.5 g | **3%** |
| Trans Fat | 0 g | |
| **Cholesterol** | 0 mg | **0%** |
| **Sodium** | 300 mg | **13%** |
| **Total Carbohydrate** | 20 g | **7%** |
| Dietary Fibre | 2 g | **7%** |
| Total Sugars | 0 g | |
| Includes 0 g Added Sugars | | **0%** |
| **Protein** | 2 g | |
| Vitamin D | 0 mcg | 0% |
| Calcium | 6 mg | 0.4% |
| Iron | 0.4 mg | 2% |
| Potassium | 257 mg | 6% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients : Potatoes, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil), Salt, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).