



**Cavendish Farms®**  
**STEAK CUT**  
 56210 34013

**Cooking Instructions**

**Fryer**  
 Temp: 180°C /350°F  
 Cook Time: 3 1/2 min

**Convection Oven**  
 Temp: 213°C /415°F  
 Cook Time: 10 - 12 min

**Traditional Oven**  
 Temp: 232°C /450°F  
 Cook Time: 22 -25 min

**Product Specifications**

Product Name	Steak Cut
GTIN - 14	100 56210 34013 6
GTIN - 12	0 56210 34013 9
Cut Size	7/16" x 7/8"
Grade	Long Fcy
Coated	No
Shelf Life	24
Kosher	Yes
Halal	Yes
Pack Size	6 x 5 LB
Net Weight (LB)	30
Gross Weight (LB)	31.75
Pallet Pattern (ti x hi)	10 x 7
Case Cube (ft3)	0.95
Case Dimensions (in)	16" x 12" x 8.625"
Packaging Type (Case)	Oyster
Packaging Type (Bag)	Clear Poly

<b>Nutrition Facts</b>	
11 servings per container*	
<b>Serving size 3 oz (85 g/ 10 pieces)</b>	
Amount per serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 2.5g	<b>3 %</b>
Saturated Fat 0g	<b>0 %</b>
Trans Fat 0mg	
<b>Cholesterol</b> 0mg	<b>0 %</b>
<b>Sodium</b> 35mg	<b>2 %</b>
<b>Total Carbohydrate</b> 19g	<b>7 %</b>
Dietary Fibre 2g	<b>7 %</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0 %</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0 %</b>
Calcium 9mg	<b>0 %</b>
Iron 0.6mg	<b>4 %</b>
Potassium 306mg	<b>6 %</b>
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients**

Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean Oil, Canola Oil), Disodium Dihydrogen Pyrophosphate to Promote Color Retention, and Dextrose.

